



Semper Paratus

Newsletter of
James Sheahan
Catholic High School

Volume 24 Number 25
Thursday 13 August 2009

DATES TO REMEMBER

**Sunday 30 August,
Monday 31 August**
Leadership Camp

**Wednesday 2
September**
School Disco

Friday 4 September
Sheahan Day

Monday 7 September
Year 7 Immunisation

Tuesday 8 September
Elective Music Concert
7pm in G6

Friday 11 September
Year 12 Reports issued
to students

Tuesday 15 September
P&F Meeting, Kenna Hall

Tuesday 22 September
Year 7 Reflection Day

**Wednesday 23
September**
Year 9 Reflection Day

**Thursday 24
September,
Friday 25 September**
Year 10 Trial SC Exams

Tuesday 29 September
Casual Clothes Day

*God asks for our heart ...
Do we offer it generously to God,
or do we rather seek to shelter it
from whatever might afflict it?
The Venerable Catherine McAuley*

Draft Strategic Plan

This week, I present the information on the fourth area of the plan concerning Community. I welcome your feedback.

COMMUNITY

Goal: *To foster positive links and relationships within the school and wider community to encourage mutual enrichment.*

Target 1: To develop community partnerships through strategic networking

Action

- Year 1 - Establish and build relationships with local feeder schools – music, academic, sport
- Establish and build business links – local business, agribusiness, mining, government
- Social events (inter school activities)
- Year 2 - Establish and build links with Charles Sturt University
- Year 3 - Organise a forum to exchange ideas to build partnerships and links between local business/organisations

Target 2: To actively market our school

Action

- Year 1 - Review advertising strategy
- Review target market
- Review promotion strategies
- Build competitive advantage
- Year 2 - Implement all above strategies utilising all forms of technology/media- print/electronic
- Year 3 - Evaluate

Target 3: To promote parent involvement in school initiatives

Action

- Year 1 - Identify school initiatives for parent involvement
- Year 2 - Construct parental enrolment agreement: to detail parental opportunities and expectations at parent information evenings, P/T/S interviews and the like
- Year 3 - Further develop opportunities for specific parent participation and involvement.

*Craig Wattam
Principal*

SCHOOL FEES

A reminder that Term 3 fees (the final payment for this year) were due on 31 August, unless paying by direct debit or other arrangements are in place.

Please phone the School Fees Office on 63623049 if you have any queries.

Kate Sharpe and Annalisa Covelli

OUTSTANDING SPORTING SUCCESS



Congratulations to Daniel Bruton who competed at the National Cross Country Championships in Nowra last weekend. The conditions for running were extremely tough with gale force wind and torrential rain.

He was also competing against 97 of the best distance runners in Australia. Daniel's dedication to training was rewarded as he finished the 6km course in 25th position in a time of 20 minutes flat. The whole school community congratulates Daniel on this amazing result and wishes him all the best in his future distance running endeavours.

*Greg Pell
PD/H/PE*

YEAR 8 2010 ELECTIVE CHOICES

The year is progressing rapidly and it is time to start considering and making choices for next year. For Year 7, it is a very exciting time – the chance to make a decision, for the first time, about what subjects you want to study. I spoke with all Year 7 last week about their subject options for 2010 and encouraged them to choose subjects that they enjoy and are interested in. Students are reminded that the deadline to hand in their elective choices is this Friday, September 4. They are to be placed in the box outside my office. Some classes fill very quickly and you may not be placed in the subjects you would like if you hand this information in late.

*Michele Whiteley
Year 7 Coordinator*

ORANGE INTER-SCHOOL SOCCER COMPETITION

The Open Boys' soccer team played Canobolas High school in the final round match of this competition on Monday. The boys had won all three of their previous matches and had already qualified for the final. However, the team still performed extremely well in a valuable last competitive match before the final.

In the first half Sheahan dominated field position and possession. The boys created a number of goalscoring chances and were unlucky not to score a number of goals. Jacob Smith finally managed to break the deadlock driving a low shot past the keeper just before the halftime break.

In the second half Sheahan were much more clinical with their finishing and the goals began to flow freely. Brad Priest scored with a well placed shot from outside the 18 yard box. Troy Parker bent a free kick around the wall to score and Nick Roweth calmly scored from close range after a goalmouth scramble. After 5 years of pestering, the coach finally relented and allowed our goalkeeper Duncan Young to have a run on the field. Duncan made the most of his opportunity at striker scoring 2 goals and he was unlucky not to get his hat-trick when his header hit the bar.

The best performers in this match were Grant Koch (3 points), Duncan Young (2 points) & Nick Roweth (1 point). The whole Sheahan team played particularly well in the second half and thoroughly deserved their comprehensive 6-0 victory in this match. It was most certainly a good preparation for the final which will be played at Waratahs Sportsground on Monday 21 September at 6.30pm.

*Greg Pell
PD/H/PE*

BATHURST DIOCESAN ATHLETICS CARNIVAL

Last Thursday, 66 James Sheahan students attended the Bathurst Diocesan athletics carnival at Mackillop College, Bathurst. The glorious weather on the day was just perfect for all athletics events.

All Sheahan students displayed exemplary behaviour and competed to the best of their ability. 20 students gained selection in the Bathurst Diocesan athletics team that will compete at the NSW CCC carnival at Homebush, Sydney on 18 September. Special mention goes to Hillary Dube who broke a longstanding record in the 200m event with a lightning fast time of 22.75 seconds.

In the teams event Sheahan also performed exceptionally well. The 17+ Year Girls won their age group and the girls' team finished 3rd overall. The 12 Year Boys, 14 Year Boys and 17+ Year Boys won their age groups and the boys' team finished 1st overall.

The school congratulates all students who represented Sheahan so well at this carnival and wishes the students who have qualified for the CCC carnival the best of luck.

*Greg Pell
PD/H/PE*



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31 August 2009

SHEAHAN DAY

Dear Parent/Carer,

Sheahan Day is an opportunity for us as a school community to celebrate our Catholic heritage and build on our proud culture and traditions. The day is held every year in mid Term 3, and this year it will fall on Friday 4 September.

The day will begin with a whole school Mass which will embrace a theme that is carried throughout the day and often further into the remainder of the year. The Mass will begin at 9am and we welcome all parents, carers and the wider school community to join us in this Liturgy.

Students will be required to wear full school uniform for the Mass. During morning tea break, students will be provided with a cup cake in their House areas and given time to change into PE uniform or fancy dress if they are participating in the dress-up competition. The dress-up competition is judged from the ankles up – all students are required to wear practical footwear for the Fun Run which follows the competition.

The fun run can be completed as a walk, but it is expected that all students participate. Students will be required to obtain stamps on their wrists at various points along the course to ensure they have completed the event. Any student with a medical reason for not completing the fun run / walk will need to give a note to Mr Tilston. These students will remain in the Grass area assisting with the BBQ and lunch activities set-up. The fun run course does go over uneven ground, so appropriate care by competitors needs to be taken.

As with all school events, smoking and alcohol are strictly forbidden. Any evidence of drinking alcohol during the course of the day will result in suspension and places uncertainty on the future enrolment of your child. Please discuss this issue with your child to ensure they are aware of the expectation and consequences. Students will be required to give a breath test if staff suspect alcohol use.

Lunch is provided on the day. Students will need to have the stamps collected on the fun run course in order to get their lunch. Activities will run during the lunch break. Some of these activities may incur a small cost to cover the materials used in the event. Students may also have the opportunity to buy treats such as fairy floss or ice cream.

Sheahan Day is a fun filled day, with the activities aimed at creating a sense of community and an atmosphere of celebration. It is still a school day, so full attendance is expected. Students absent on Sheahan Day will be required to justify their absence as they would for any other school day. We look forward to a great day and appreciate your support.

Michael Tilston
Administration Coordinator